



New Power Foods Fat-Fighting Snacks

Bellybar

An all-natural snack bar that's specially formulated for pregnant women. It's fortified with omega-3 fatty acids and provides a line-up of vitamins and minerals important for moms-to-be, including 200% of the daily value for folate. (Available in Berry Nutty Cravings, Mellow Oat, Burstin' Chocolate, and Baby Needs Chocolate.)

Per bar: up to 180 cal, up to 6 g fat, up to 80 mg sodium

1 2 3 4 5 6 7 8 9 10 10 of 10 >> play

See More Chapters



2 of 6