

▶ THE ULTIMATE SHOPPING GUIDE FOR BABY & MOM

Pregnancy Buyer's Guide

**THE GEAR
YOU NEED,
THE GEAR
YOU WANT**

**Real
mom
ESSENTIALS**

FIND OUT WHAT
MOMS JUST LIKE
YOU CAN'T LIVE
WITHOUT

From **strollers** to **baby monitors**, from **maternity style** to **diaper bags**, we've found all the best stuff for new moms

get BUYER'S GUIDE healthy



BELLY BAR

\$30 for 12 | drugstore.com or
nutrabella.com for stores

When you have to grab a healthy snack, it's nice to know that there's one with moms-to-be in mind. These fortified snack bars are packed with folic acid, calcium and other nutrients your body needs now – and they even taste pretty good, a little bit like grown-up Rice Krispies treats.