

MONDAY	TUESDAY	TODAY	THURSDAY	FRIDAY	WEEKEND
Beauty and cosmetics	Technology and gadgets	Food and beverage	Stuff for children	Active gear	Home and garden



**WILDTREE NATURAL GRAPESEED OILS**

\$11.95 for a 12.7-oz. bottle

Try these veggie- and herb-infused oils from Wildtree with dinner. Grapeseed oil is great for dressings and dipping, sautéing, grilling or frying. Plus, it can be heated to a much higher temperature than most other oils without burning. Available at select natural food stores; visit [www.wildtree.com](http://www.wildtree.com) for more information.

# Spring

for fruits and vegetables



**DR. KRACKER'S VEGGIE SPELT KRACKERS**

\$6 for an 8-ounce box

Trick kids into eating healthfully. Dr. Kracker's Veggie Spelt Krackers are made with flax and quinoa seeds, organic vegetables (tomatoes, peas, corn and carrots). Organic butter and agave nectar syrup give the toddler crackers a slightly sweet taste. Available at select health food grocers.



**TROPICANA FRUIT SQUEEZE**

\$1.49 for a 20-ounce single-serve bottle; \$3.99 for a six-pack

Squeezing real, fresh flavor into those recommended eight to 10 glasses of water is now easier and tastier with the new Tropicana Fruit Squeeze. Each 8-ounce serving contains only 20 calories and comes in four flavors.



**BELLYBAR IN BERRY NUTTY CRAVINGS FLAVOR**

\$2.29

Expecting? Get your fruit fix in a Bellybar, an all-natural snack bar designed to meet the nutritional needs of women before, during and after pregnancy. Each bar contains the nutrients moms and moms-to-be need, including DHA omega-3, protein, iron, folic acid, calcium and vitamin B6. Available at Whole Foods or [www.nutrabella.com](http://www.nutrabella.com).



**GRACE'S KITCHEN WILD MUSHROOM RISOTTO CAKES**

\$5.99

The Wild Mushroom Risotto Cakes entrée features Italian arborio risotto cakes made with wild mushrooms (crimini, shiitake and porcini), and paired with a carrot-leek sauce. Available at select Whole Foods, Wild Oats and health food grocers. For more information, visit [www.graceskitchen.com](http://www.graceskitchen.com).



**MOTT'S FOR TOTS JUICE**

\$3.19 for a nine-pack box

Get your children hooked on fruit. Mott's for Tots are kid-friendly juice boxes that contain 100 percent fruit juice and purified water, and about 40 percent less sugar than regular apple juice, plus vitamin C to boost energy levels. Juices come in four flavors — apple, apple white grape, fruit punch and strawberry-banana.



**FLAT EARTH**

\$2.99 for a 6-oz. bag

Ditch the traditional chip for something healthier. Flat Earth fruit crisps and veggie crisps make eating veggies a lot more exciting. Try them in Garlic & Herb Field, Tangy Tomato Ranch, Wild Berry Patch, Apple Cinnamon Grove and Peach Mango Paradise.

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