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Parenting: Babies & Toddlers



From [Stephanie Brown](#),
Your Guide to [Parenting: Babies & Toddlers](#).
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Review: NutraBella Bellybar

Guide Rating - ★★★★★

The Bottom Line

These bars are downright delicious.

More and more moms are looking for nutritious food that can be eaten on the go, but it's hard to do when so much "go" food contains unhealthy ingredients like trans fat. The Bellybar solves this problem and does so with taste.

The Mellow Oat is also great for moms with morning sickness, because the taste is indeed mellow and it can help make up (nutritionally) for everything you can't keep down.

The taste of these bars compared to other bars I've had was really astounding. It wasn't dry and chalky or hard as a brick. It was a perfect blend of chewy and crunchy and I could actually distinguish the tastes of the different ingredients like graham cracker and big chunks of almond.

So if you're looking for a healthy snack that will last from prepregnancy through postpartum and breastfeeding, you can't go wrong with the NutraBella Bellybar.

These are excerpts from the full review. To read the entire review, please visit:

<http://babyparenting.about.com/od/gettingready/gr/bellybar.htm>