

# 7

SAN FRANCISCO

# THIS IS SAN FRANCISCO

SF PEOPLE+STORIES+ST

**FOOD FIGHT!**  
HOW GOURMET  
CAN SF GO

WHAT'S CHEAP  
RED AND BUBBLY  
ALL OVER

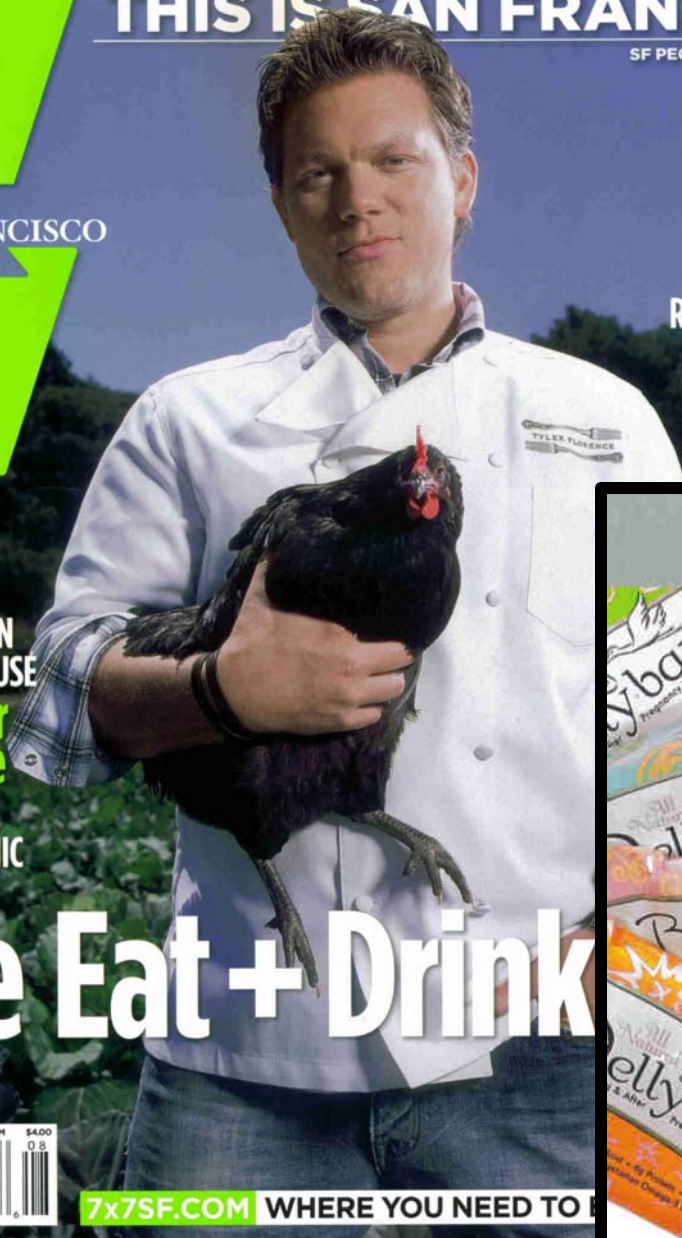
**CITY PICK**  
BE YOUR OWN

THE FOX IS IN  
THE HENHOUSE  
**Tyler  
Florence**  
GOES LOCAL  
AND ORGANIC

# the Eat + Drink



7X7SF.COM WHERE YOU NEED TO



## BABY & ME



SF  
t  
T-s

### RAISE THE BAR

Snack standards have skyrocketed with the introduction of Belly Bar's new **Burstin' Chocolate** variety, a before-, during- and after-pregnancy nutrition bar that combines the likes of folic acid and vegetarian omega-3 DHA with dark and milk chocolate, puffed rice and a subtle, yummy orange flavor. \$2, available at Due Maternity, 3112 California St., 415-674-9854, or [nutrabella.com](http://nutrabella.com)